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- 25 -15 claimed 15

- Optical fibre cable comprising a longitudinal cavity in which is inserted at least one optical fibre (3), characterized in that a mixture of powders (11) comprising
 - a first fraction of water-mediated expanding powder and
- a second fraction of an inert powder with a preset particle size, less than that of the said water-10 mediated expanding powder, **u**

is inserted into the said cavity,

the said first and second fractions and the said preset particle size of the inert powder being selected in such a way as:

- to limit the penetration of water in twenty-four hours along the said cavity to within a distance of less than three metres from the point of ingress of the said water and
- to bring about an increase in attenuation in the said **1**20 optical fibre after it has been housed in the said cavity, of less than 0.02 dB/km relative to the value of the non-cabled optical fibre.
- Optical fibre cable according to Claim 1, characterized in that the said fraction of water-25 mediated expanding powder is between 40% and 80% by weight of the said mixture.
 - Optical fibre cable according to Claim 3. characterized in that the said preset particle size of the said inert powder is such that at least 90% by weight of the said inert powder is less than 40 µm in size.
 - Optical fibre cable according to Claim characterized in that the said inert powder is a material chosen from
- 35 talc, graphite, molybdenum disulphide or PTFE in powder form.
 - fibre cable according to Claim Optical characterized in that the said inert powder is talc.

- 6. Cable according to Claim 1, characterized in that the said water-mediated expanding powder is poly(sodium acrylate).
- 7. Optical fibre cable according to Claim 1, 5 characterized in that the said water-mediated expanding powder has a particle size such that at least 90% by weight of the said inert powder is less than 80 µm in size.
- 8. Optical fibre cable according to Claim 1, 10 characterized in that the said cavity is a substantially tubular cavity with an inside diameter of less than 1.7 mm.
 - 9. Cable according to Claim 1, characterized in that it further comprises an inner tube (4) in which is loosely housed late least one tube (2) incide which is
- loosely housed at least one tube (2), inside which is defined the said tubular cavity.
 - 10. Cable according to Claim 8, characterized in that a fluid stopper is inserted in the space between the said tubes (2) and the said inner tube (4).
- 20 11. Cable according to Claim 9, characterized in that the said fluid stopper comprises a polysiloxane.
 - 12. Cable according to Claim 9, characterized in that the said fluid stopper comprises water-mediated expanding powder.
- 25 13. Cable according to Claim 8, characterized in that the said tubes are made of a mixture comprising an ethylene/vinyl acetate copolymer.

